



Hastings and St.Leonards Voluntary Lifeguards Newsletter – February 2026



www.hastingslifeguards.org.uk

charity number 1147368 info@hastingslifeguards.org.uk



Photo to the left shows Paul Heskett (Club President) presenting Joe Slaughter with the Tony Gray Presidents' Award.

It's awarded annually by the President to a member whose contribution and / or achievement is above the 'call of duty'. Congratulations Joe 😊

Diary Dates

2026 - Please come & get involved

Sun 8th March – RNLI Sea Dip (postponed from December)

Sat 16th May – Hastings Regatta

Sun 17th May – Bexhill Regatta

Sun 24th May – Bewl Triathlon

Sat 30th May – Hastings Regatta cancellation date

Mon 1st to Thurs 4th June – Safety in Action, Bohemia Road, Fire Station

Sun 26th July – 1066 Triathlon

Sat 8th & Sun 9th Aug – Rural Past Times – Tombola & First Aid

Sat 8th Aug – Hastings Carnival

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For sale:

Gul wetsuit gloves – new - size M - £15

Rash vest – Jag, says size L but measures 36 inch chest - £8

HLG T- bag T-shirts (Red and Yellow) – ONLY £10 each.

Rookie T-shirts, ALL SIZES £2 each – new

😊 If you have friends who wish to join, just contact us - info@hastingslifeguards.org.uk



Photo shows Dean Baker presenting Joe Slaughter with the RLSS UK National Honours - Certificate of Merit.

It is Awarded for Meritorious Contribution at club or branch level. Joe's citation detailed and emphasised his ongoing voluntary contribution to Hastings Lifeguards.

It is well deserved - congratulations Joe 😊



Thank you if you've signed up. If you not - PLEASE do. It's free but every purchase helps the club. See an easy guide how to get started on the Club's website.