



Hastings and St.Leonards Voluntary Lifeguards Newsletter – January 2025

www.hastingslifeguards.org.uk

charity number 1147368 info@hastingslifeguards.org.uk



Pictures to the left are some from the AGM. More to come as some recipients couldn't be at the AGM.

Bright Spark Award: presented to **Isabelle Suitters.**

Solo Rowlock Award: presented to **Hadley Bourner.**

Audrey Barber Cup: presented to **Esme Rose & Jack Ward.**

Training Officer & Beach Captain's Shield: presented to **Joe Slaughter & Joe Ford.**

President's Award: presented to **David Pollard** for over 40 years service to the Club.

Peter Kipps Memorial Trophy: presented 'non' club member. Presented to **Doug Simmonds and Cavell Burchell** for their support over the 'life' of the Club.

Dean Baker – RLSS UK Honour - 40years Service

Congratulations everyone 😊

Diary Dates

2025 - Please come & get involved

Mon 7th April – Sat 12th April – Beach LG Course

Sun 25th May – Bewl Triathlon

Sat 14th June – Hastings Regatta

Sun 15th June – Bexhill Regatta

Mon 23rd June - Fri 27th June – Safety in Action, The Ridge Fire Station

Sun 29th June – Ashburnham Triathlon

Sun 7th Sept – Bexhill Triathlon

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For sale: HLG Black & Yellow XL - T-bag T-shirts – ONLY £5 each.

Rookie T-shirts, ALL SIZES £2 each – new

😊 If you have friends who wish to join, just contact us - info@hastingslifeguards.org.uk

Club Hoodies £27 each with the Club logo and your name on them.

HLG T-bag T shirts (Red & Yellow) reduced to £10

2025 Membership now due. Membership rates remain the same as 2024. Application forms are attached to this Newsletter. We have an exciting programme in 2025.

Rookies - we are redesigning & reprinting our Rookie Leaflet. If you were a 2024 Rookie member & renew you can be involved. Please let us know – NOW

info@hastingslifeguards.org.uk



Thank you if you've signed up. If you not - PLEASE do.

It's free but every purchase helps the club. See an easy guide how to get started on the Club's website.

