



Hastings and St. Leonards Voluntary Lifeguards Newsletter – April 2025

www.hastingslifeguards.org.uk

charity number 1147368 info@hastingslifeguards.org.uk



The Club said a sad 'goodbye' to David Pollard earlier this month. David had been a Club member for over 40 years, always active, always so supportive. He was also a Club Trustee. David was so generous with his knowledge and skills to everyone in our Club. There will be some events and tributes during this year and in the future.

Diary Dates

2025 - Please come & get involved

Sun 25th May – Bewl Triathlon

Sat 14th June – Hastings Regatta

Sun 15th June – Bexhill Regatta

Mon 23rd June - Fri 27th June – Safety in Action, The Ridge Fire Station

Mon 23rd June – Sat 28th June – Beach Lifeguard Course

Sat 26th July – Emergency Services Day

Sat 9th Aug – Hastings Carnival

Sat 9th & Sun 10th Aug – Rural Past Times

Sun 7th Sept – Bexhill Triathlon

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For sale: HLG Black & Yellow XL - T-bag T-shirts – ONLY £5 each.

Rookie T-shirts, ALL SIZES £2 each – new

☺ If you have friends who wish to join, just contact us - info@hastingslifeguards.org.uk

Club Hoodies £27 each with the Club logo and your name on them.

HLG T-bag T shirts (Red & Yellow) reduced to £10



New awards in open water for 2025. If you're interested in open water training that includes board rescues please let us know – email

info@hastingslifeguards.org.uk

Tombola Prizes – we are in need of suitable prizes for our two day tombola at Rural Past Times this year. It is our chance to spread the word about our Club as well as Fund Raise. If you have anything suitable please let us know.

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Thank you if you've signed up. If you not - PLEASE do.

It's free but every purchase helps the club. See an easy guide how to get started on the Club's website.

