



Hastings and St.Leonards Voluntary Lifeguards Newsletter – October 2024

www.hastingslifeguards.org.uk

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Dean Baker was presented with the RLSS UK Recognition of Service award at the RLSS UK National Presentation of Honours 2024. Dean's award represents 40 years of continuous service which was detailed in a citation and included training new lifesavers & lifeguards; maintaining his own qualifications so he can provide safety cover at open water, pool and coastal events. Dean promotes all aspects of Hastings Voluntary Lifeguards work & is a great ambassador for the Club &

RLSS UK. Congratulations Dean. 🎉



The Raffle tickets are here. We will be asking members to sell a few tickets each. All the money raised will go into your club and Club activities

Diary Dates

Sun 15th Dec 2024 – RNLI sea swim, safety cover

2025 - Please come & get involved

Fri 10th Jan – Club prize giving & AGM

Sun 25th May – Bewl Triathlon

Sat 14th June – Hastings Regatta

Sun 15th June – Bexhill Regatta

Sun 22nd June – Lydd Triathlon

Sun 7th Sept – Bexhill Triathlon

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For sale: HLG Black & Yellow XL - T- bag T-shirts – ONLY £5 each.

Rookie T-shirts, ALL SIZES £2 each – new

😊 If you have friends who wish to join, just contact us - info@hastingslifeguards.org.uk

Club Hoodies £27 each with the Club logo and your name on them.

HLG T-bag T shirts (Red & Yellow) reduced to £10

CLUB RAFFLE

Will be drawn at the AGM – 10th January. Thank you for the prizes donated we will update on additional prizes on facebook

Rookies - we are redesigning and reprinting our Rookie Leaflet. We're inviting our 2024 Rookie members to be involved. If you'd like to be in the photos on our new Club Rookie Leaflet please let us know – NOW info@hastingslifeguards.org.uk



Thank you if you've signed up. If you not - PLEASE do.

It's free but every purchase helps the club. See an easy guide how to get started on the Club's website.

