



Hastings & St. Leonards Voluntary Lifeguards Lake Windermere Swim Tuesday 11th August 2009

On Sunday 9th August three cars set off from Hastings with Dean, Matt and five club members to be the support team. Another club member was going to meet us at Bassenthwaite. We had the cars loaded with rescue skiis, canoes, buoyancy aids, wetsuits and everything we thought we would need including being prepared for night swimming.

We had a reasonably good journey having a few breaks but were very glad to get there and stretch our legs and meet up with our other team member, Rob. We had booked self-catering accommodation where we have stayed before and it was good to get a warm welcome. We had our dinner before walking the 200 yards to the pub where spirits were high as we discussed the weeks' plans.

Monday we planned to go to Waterhead at Ambleside and have a swim to acclimatise and see if we could leave a car there. The Pier pleasure boats were most helpful saying Doug could leave his car all day.

With us all there and me armed with camera we had a test run, or so we thought, for the next day. However this was warm sunshine not cold, damp mist and drizzle.



Dean testing the
depth and
temperature of the
water!!!



Matt paddling, Dean swimming and Jenni as safety cover, to get used to the lake



Malcolm, Club chairman, having a poignant moment looking down the lake and at the threatening clouds wondering what the next day would have in store!!

Please support us with some sponsorship, You can give on line <http://www.hastingslifeguards.org.uk> or send a cheque.
For further information about the swim or joining the club please contact Di Cooke 07970 424669

Following an early dinner at the pub the evening was double checking that everything was ready for the next morning and going to bed early having set our alarm clocks for 4am - I'm not sure that anyone had a good nights' sleep, double checking they had packed everything and a feeling of excitement.

