

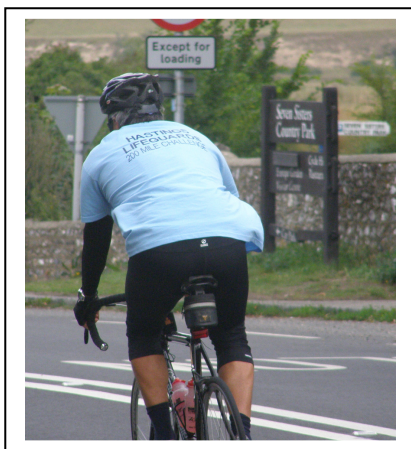
2010 run / cycle – update Day 3

Day 3 started with a call to see how Jo was, comfortable but still in hospital.

Day 3 saw the team being Dean, Lee, Di with Fred, Di, Jenni and Laura providing support.

Lee cycled from Hastings and met us at Seven Sisters with Jenni and Laura in support. Staff at Seven Sisters recognised us and asked after Jo which was kind.

From here Dean cycled into Brighton where Di was going to join him through to Worthing aquarena. Cycling over the downs would certainly tell us if Dean was back to full strength or not.



Picture to left shows Dean leaving Seven Sisters. Picture to right shows Dean and Di arriving at Worthing Aquarena



From Worthing to the Sussex / Hampshire border Dean and Lee alternated each other. Reaching the border at Emsworth was great but we wished Jo was with us. All we had to do now was get back to Seven Sisters.



Throughout the day we'd been in touch with Malcolm and Rob who'd had to go to work. It seemed a long way back but thankfully it went well and uneventfully. Because we ended up with three bikes at The Seven Sisters Bob came and took some back for us.

It had turned into quite a different challenge but all those involved were determined to complete it. We are pleased to say Jo has made a full recovery, will be returning to the club this summer before taking on other challenges.



Lee arriving at Seven Sisters

At the Sussex / Kent border. We actually completed more than the 200 miles as Hastings to Seven Sisters was cycled twice!!!

